

# DMD GROUP

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DMD DISCIPLES  
MAKING  
DISCIPLES

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# The "411"

## Disciple-Making Training

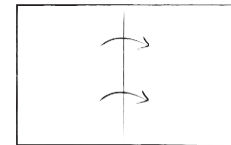
→ Read Matthew 28:18-20: Jesus says: "Go...make disciples"

→ The "411" Training equips Jesus' followers to make disciples by answering these 4 questions in 1 hour (or less) on 1 sheet of paper:

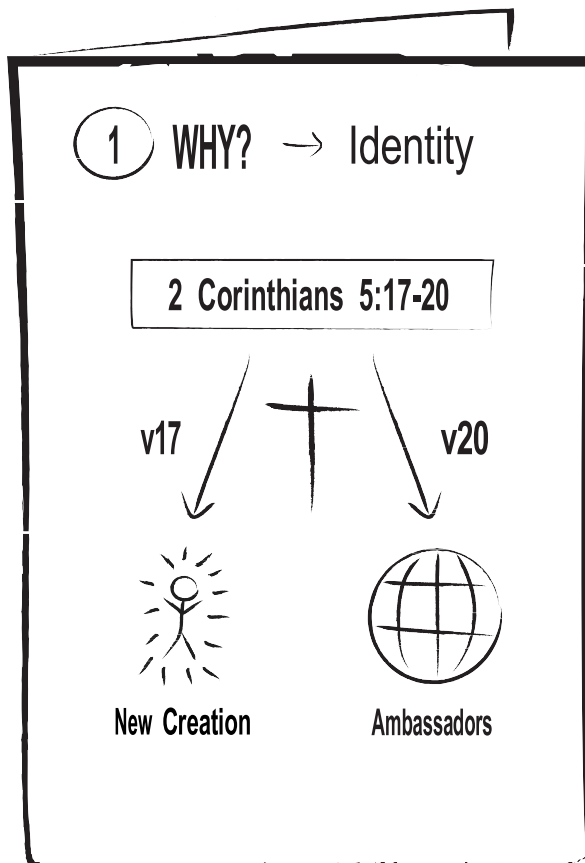
- |                                  |                            |                           |                                   |
|----------------------------------|----------------------------|---------------------------|-----------------------------------|
| 1. <b>WHY</b><br>make disciples? | 2. <b>WHO</b><br>to reach? | 3. <b>WHAT</b><br>to say? | 4. <b>WHEN</b><br>to get started? |
|----------------------------------|----------------------------|---------------------------|-----------------------------------|



Single Sheet of Paper



Fold In half



→ Read 2 Corinthians 5:17-21

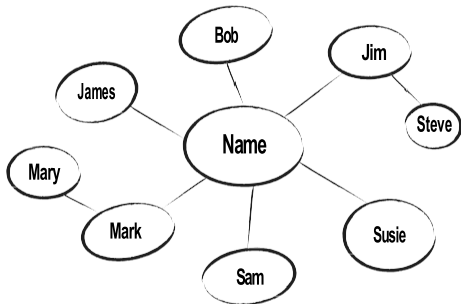
→ Cross: We see in these verses that if you are in Christ Jesus, these two things are true of you because of Jesus:

→ v17 (person) - You have been made NEW! He has forgiven all your sins.

→ v20 (globe) - He has given you a new identity as His ambassador.

You cannot separate these two. You cannot become new without being an ambassador of Jesus and you cannot be an ambassador of Jesus without being made new.

## 2 WHO? → Oikos Map

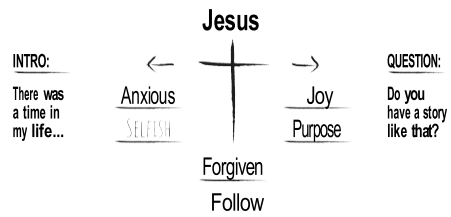


\* John 17:20

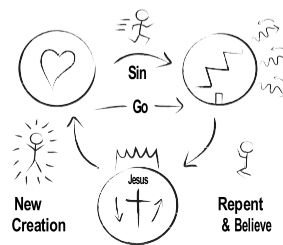
→ "Oikos Map": map out relationships of people in your life who are far from God.

## 3 WHAT?

### 15-Sec Testimony



### 3 Circles



→ Watch a training video of the 3 circles at: [3circlesgospel.com](http://3circlesgospel.com)

## 4 WHEN? → Set Goals

- PRAY  \_\_\_\_\_  
DAILY TIME
- SHARE  \_\_\_\_\_  
NAME(S) / TIME
- TRAIN  \_\_\_\_\_  
NAME(S) / TIME
- START  WHEN? \_\_\_\_\_  
COMMANDS  WHERE? \_\_\_\_\_  
OF CHRIST  WHO ELSE? \_\_\_\_\_  
(OBEYCHRIST.COM)



COMMAND OF CHRIST 01

# Repent & Be Baptized

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**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" I Will's you set from last week. (Mark 1:17)

**Vision** → Read Matthew 28:18-20

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**Scripture** →

1. Read the Command: In Matthew 28:19, Jesus says...
2. Tell the Story: Philip and the New Believer - Acts 8:26-39
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey

**Practice** → Retell the story

**Tool** →

- 15 – Second Testimony
- 3 Circles
- Care/Prayer/Share
  
- Baptism Hammer  
(optional)

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



## Be Filled

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Luke 4:45-49

**Scripture** →

1. Read the Command: In Acts 1:8 Jesus says...
2. Tell the Story: Pentecost Acts 2:1-13
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

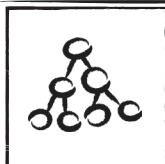
**Practice** → Retell the story

**Tool** →

- Sail Prayer
- Defining Moments
- Fill with the Spirit Hammer (Optional)

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 03

# Go...Make Disciples

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read **Luke 16:15-16**

**Scripture** →

1. Read the Command: In Matthew 28:19-20, Jesus says...
2. Tell the Story: The Samaritan Woman - John 4:4-42
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story & practice a past tool

**Tool** →

- **4 Fields**
- **4 Responses**
- **1-3-9**

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



# Abide

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read John 20:21-23

**Scripture** →

1. Read the Command: In John 15: 4, Jesus says...
2. Tell the Story: Jesus instructs His disciples– John 15:1-8
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story

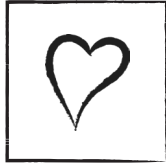
**Tool** →

- SOAPS
- DBS
- Abide Tool (Optional)

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.





COMMAND OF CHRIST 05

# Love

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Matthew 28:18-20

**Scripture** →

1. Read the Command: In Matthew 22:37-39, Jesus says...
2. Tell the Story: The Good Samaritan - Luke 10:25-37
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story or 3 Circles

**Tool** →

- House Of Peace
- Person Of Peace
- Debrief
- One Another Hammer

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



# Pray

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



**Scripture** →

1. Read the Command: In Matthew 6: 9-13, Jesus says...
2. Tell the Story: Jesus teaches about Prayer - Matthew 6: 5-15
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story

- Tool** →
- Prayer Wheel
  - List of 30
  - Prayer Hammer (Optional)

**I Will's** → *Fish: Who will you share with this week?*  
 Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



# Worship

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



**Scripture** →

1. Read the Command: In Matthew 4:10, Jesus says...
2. Tell the Story: The Philippian Jailer - Acts 16:25-34
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story

**Tool** →

- APEST
- Brutal Facts

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 08

# Lord's Supper

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



**Scripture** →

1. Read the Command: In Luke 22:19-20, Jesus says...
2. Tell the Story: Jesus' Last Supper - Luke 22:7-20
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
 

- What do we learn from the story about God?	- What do we learn from the people in the story?	- Is there anything from the story Jesus wants us to obey?
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**Practice** → Take Communion  
→ Retell the story & a past tool

**Tool** →

- MAWL
  - Personal Study
  - MAWL MAP
- Precision Harvesting

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



COMMAND OF CHRIST 09

# Give

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



**Scripture** →

1. Read the Command: In Matthew 6:1-4, Jesus says...
2. Tell the Story: The Widow Gives - Mark 12:41-44
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:
  - What do we learn from the story about God?
  - What do we learn from the people in the story?
  - Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story

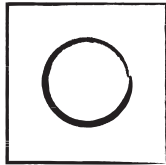
**Tool** →

- Cost Hammer
- Iron on Iron

•

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.



## COMMAND OF CHRIST 10

# Gather

**Care** → "How are you doing?"  
(Share brief update, listen, pray, encourage)

**Loving Accountability** → Give an account of your obedience to your "Fish & Follow" goals you set from last week. (Mark 1:17)

**Vision** → Read Acts 2:36-47 & draw church circle to cast vision for healthy church. (p15)



**Scripture** →

1. Read the Command: In Hebrews 10:24-25, Jesus says...
2. Tell the Story: The First Church - Acts 2:36-47
3. Read the story aloud.
4. Discover: Pray, then use the Bible discovery questions below to discuss the story and reveal its meaning for our lives:

- What do we learn from the story about God?
- What do we learn from the people in the story?
- Is there anything from the story Jesus wants us to obey?

**Practice** → Retell the story or 3 Circles

**Tools** →

- Healthy church start
- Who can plant a church?
- Oikos Hammer

**I Will's** → Fish: Who will you share with this week?  
Follow: What from today's lesson does Jesus want you to obey this week?

**Commission** → Pray and ask God for His power to help you obey these goals.

# Long-Term Discipleship

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Now that you have completed the short-term discipleship (*Commands of Christ*), continue on to "Long-term discipleship" using the 3/3s "Three Thirds" Format (below) and the Discovery Questions / SOAPS Bible Study Method as your Bible discovery tool. The "New Lesson" will be passages from the Bible and we suggest starting in Mark's gospel using the schedule listed below. Once you finish with Mark, we suggest you continue in another book of the Bible or topical study using passages of Scripture.

- |           |                  |                   |                   |
|-----------|------------------|-------------------|-------------------|
| 1. Mark 1 | 7. Mark 6:33-56  | 13. Mark 10:32-52 | 19. Mark 14:53-72 |
| 2. Mark 2 | 8. Mark 7        | 14. Mark 11       | 20. Mark 15       |
| 3. Mark 3 | 9. Mark 8        | 15. Mark 12       | 21. Mark 16       |
| 4. Mark 4 | 10. Mark 9:1-29  | 16. Mark 13       | 22. More Bible... |
| 5. Mark 5 | 11. Mark 9:30-50 | 17. Mark 14:1-31  |                   |
| 6. Mark 6 | 12. Mark 10:1-31 | 18. Mark 14:32-52 |                   |

## 3/3s ("Three-Thirds") Discipleship Format

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← Look Back

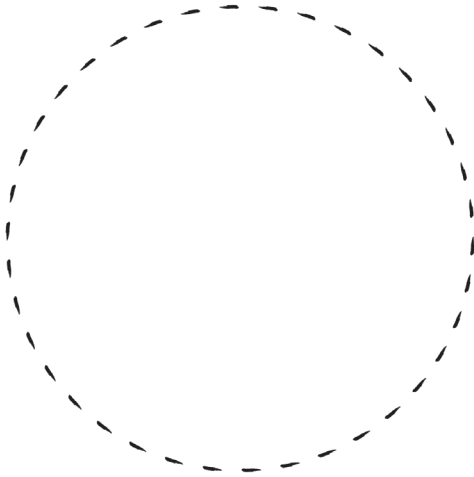
↑ Look Up

Look Forward →

- |  |   |                    |
|--|---|--------------------|
| 1. Care                                      | 5. New Teaching                                   | 7. I Will's        |
| 2. Worship                                   | - Tell story                                      | - Fish & Follow    |
| - Song                                       | - Recount story together                          | 8. Commission/Pray |
| - Giving                                     | - Read story from Bible                           |                    |
| - And/or Lord's Supper                       | - Discover story with discovery questions / SOAPS |                    |
| 3. Accountability                            | 6. Practice                                       |                    |
| - Fish & Follow                              | - Retell the story                                |                    |
| 4. Vision                                    | - New Tool/Old Tool                               |                    |
| - Acts 2 Church Circle                       |   |                    |
| - #NoPlaceLeft                               |   |                    |
| - Or other scripture that gives us the "why" |   |                    |

# The Church Circle

1. Draw a dashed circle. This dashed circle represents a gathering of believers.



2. These symbols represent the basic functions of a healthy disciple and church we see in Acts 2:36-47. Some of these functions have already been studied in the lessons, others have simply been practiced week to week without studying a specific lesson on a function (ex. God's Word, Worship).



Baptism



Prayer & Spirit



Make Disciples



Love



Worship



Lord's Supper



Give



God's Word



Leaders



The arrow represents Jesus' command to Repent & Believe. Most draw it outside the circle because this is how one begins a growing relationship with Jesus & is biblically part of His Church.

3. Draw each of the functions which your gathering is consistently practicing inside the circle. Draw the functions which your gathering has not yet practiced outside the circle.

4.



If a gathering has identified itself as a "church", then you may make the dashed line solid. The goal is to have a church become healthy and practicing all the functions as modeled by the New Testament Church in Acts 2:36-47.



10 / 10 / 10  
City, State:  
Start Date:  
Leader(s):

In this example above, the gathering has practiced some very important functions of a church. However, there are a few functions that have yet to be practiced. If your church has yet to practice all the functions, make an action plan to begin practicing them today.

Also, for record keeping it will be helpful to identify: # of Attendees / # of Believers / # of Baptized.



**DMD DISCIPLES**  
**MAKING**  
**DMD DISCIPLES**

